



KINGSMILL
spa



WELCOME TO THE SPA AT KINGSMILL

A unique escape into a world of relaxation and invigoration through natural-element treatments inspired by the water, woodlands and gardens surrounding Kingsmill Resort. The Spa at Kingsmill offers earth-based services that produce revitalizing results. Discover a breadth of treatments designed to stimulate and renew your body while keeping your desires and goals in mind.



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MASSAGES

SWEDISH MASSAGE

The ultimate in relaxation. Swedish techniques stimulate circulation and soothe tight muscles using light pressure. Throughout the treatment, warm compresses enhance the experience of this Kingsmill favorite.

50 minutes/\$115 | Couples/\$240

75 minutes/\$140 | Couples/\$290

SAMPLER MASSAGE

A massage that provides it “all.” Enjoy a combination of Swedish, Hot Stone, Aromatherapy and Reflexology Massage for an unforgettable experience. An excellent choice for a first massage.

50 minutes/\$125 | Couples/\$260

75 minutes/\$150 | Couples/\$310

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DEEP TISSUE MASSAGE

Recommended for those who regularly receive massage and enjoy therapeutic body work. Specialized strokes reach deep muscle layers to relieve tension and discomfort. The strength and depth of the strokes are tailored to your individual needs per your request.

50 minutes/\$125 | Couples/\$260

75 minutes/\$150 | Couples/\$310



AROMATHERAPY MASSAGE

A treatment that combines the benefits of aromatherapy with Swedish techniques. Select an essential oil blend depending on your desire to be energized, renewed or relaxed.

50 minutes/\$125 | Couples/\$260

75 minutes/\$150 | Couples/\$310

HOT STONE MASSAGE

Drawing from the energy of warm river stones, this massage uses the warmth of the Earth's own materials to relax your muscles and relieve stress.

90 minutes/\$180

REFLEXOLOGY

An ancient Eastern treatment that applies pressure to reflex points all over your body, hands and feet to release positive energy and relieve stress.

50 minutes/\$125 | Couples/\$260

75 minutes/\$150 | Couples/\$310

COUPLES MASSAGE

Share your spa experience with someone special. This side-by-side treatment is a wonderful way to bond and relax together. Couples treatments are available as a Swedish, Sampler, Deep Tissue, or Reflexology Massage.





MASSAGE ENHANCEMENTS*

BREATHE EASIER

To relieve sinus congestion and promote clearer breathing, enhance any massage with a treatment using menthol and eucalyptus inhalants, warm compresses and acupressure.

\$25

SOOTHING FOOT SCRUB

There's nothing better than extra pampering for your feet. Choose from a scented sugar scrub for delicate skin or a salt scrub for greater exfoliation.

\$25

AROMATHERAPY

Add healing scents with soothing essential oils - from plants and flowers - to any massage for the ultimate in relaxation.

\$25

CUPPING

Cupping is the use of special cups placed on your back. The cups create suction to increase circulation, release trigger points, reduce pain and relax tense muscles.

\$25

*Please let us know of your interest in a massage enhancement when you first make your appointment.

FACIALS

REJUVENATING FACIAL

Our secret is a refreshing and deep exfoliation that stimulates cell renewal and reduces fine lines and wrinkles. A massage lifts tired facial muscles, while proven anti-aging products firm and moisturize. The result: more youthful-looking, healthy radiant skin.

50 minutes/\$125

PREFERRED FACIAL

A restful and personalized treatment for your face, neck, décolleté and back, exfoliating and hydrating as it gently cleanses your skin. This preferred service also includes a soothing scalp massage and exfoliating foot scrub. You will leave with radiant, supple, healthy skin and a well-rested mind.

75 minutes/\$150

EUROPEAN FACIAL

A classic facial that is personalized for your skin's specific needs. This treatment uses naturally potent organic products made from herbs, fruits and vegetables that are rich in antioxidants to cleanse, tone, hydrate and restore balance to your skin. A pampered experience with notable results.

50 minutes/\$115

NEW BEGINNINGS FACIAL

A cleansing, detoxifying and balancing treatment that clears congested pores and soothes irritations to restore, purify and brighten your beautiful skin to a perfectly renewed state of health.

50 minutes/\$115

FACIAL PEELS

ORGANIC FACIAL PEEL

A facial peel that features the use of organic herbs, fruits and enzymes that combine to hydrate and plump the skin. The highly active ingredients stimulate collagen production with age-defying benefits.

50 minutes/\$115

FACIAL ENHANCEMENTS

REVITALIZE YOUR EYES

Extra-hydrating eye treatment gently and effectively treats and minimizes fine lines, puffiness, crow's feet and lightens dark circles.

\$25



MAKE – UP

Let us enhance your beauty with a special make–up application. Our make–up, free of fragrances and preservatives, reveals your most perfect, natural look. From \$60



WAXING

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A quick and effective way to eliminate unwanted hair. After treatment, your hair grows back finer, softer and less quickly so you stay smoother longer. You'll wonder why you didn't try it sooner!

Eyebrow	\$20
Lip	\$20
Chin	\$20
Full Face Wax	\$40
Underarm Wax	\$35
Back Wax	\$60
Full Leg Wax	\$80
Half Leg	\$50
Half Arm	\$50
Brazilian	\$90
Bikini	\$60

BODY TREATMENTS

DECADENT CHOCOLATE WRAP

A luxurious treatment that uses decadent ingredients naturally rich in antioxidants. Enjoy a sweet sugar scrub before ribbons of chocolate body wrap envelop you in moisturizing richness. A dollop of lushly scented moisturizer tops off your pampering.

50 minutes/\$130

75 minutes with facial/\$175

ROSE INDULGENCE

Our European rose body treatment will refine and soften your skin from head to toe. Accented with a calming and nourishing Sweet Red Rose Facial, it hydrates your skin beautifully, resulting in smooth and velvety skin—gorgeous for any season.

50 minutes/\$130



DETOXIFYING BODY WRAP

Beginning with a detoxifying, clarifying and purifying wrap of marine extracts, this treatment stimulates circulation and helps rid your body of excess fluids and toxins to leave you feeling cleansed, refreshed and moisturized. 50 minutes/\$130

SIGNATURE SUGAR OR SALT SCRUB*

A two service treatment leaves you feeling incredibly refreshed. It starts with an invigorating salt exfoliation or a gentle sugar scrub, followed by a sumptuous Swedish Massage, using soothing body butter cream. You will be smoothed, soothed and moisturized. *Be sure to note whether you prefer Salt or Sugar when making your reservation.

50 minutes/\$130 | 75 minutes/\$175



NAILS

SIGNATURE HYDRATING MANICURE

A multivitamin exfoliant cleanses while our hydrating cream moisturizes and calms. Your nails will be magnificently manicured and your hands restored. Finish with a hand massage after an insulating paraffin wax dip.

50 minutes/\$45

SIGNATURE HYDRATING PEDICURE

A multivitamin exfoliant cleanses while our hydrating cream moisturizes and calms. Finish your pedicure with a foot massage and polish after an insulating paraffin wax dip.

50 minutes/\$65

BOTANICALS MANICURE

Your skin will be exfoliated and infused with natural antioxidants while our massage cream - made from a blend of botanical extracts - moisturizes and smooths. Your traditional manicure is complete with soothing warm towels and a hand massage.

50 minutes/\$35

BOTANICALS PEDICURE

Natural antioxidants exfoliate and infuse your skin while our massage cream - made from a blend of botanical extracts - moisturizes and smooths. Your toes and feet will never look better.

50 minutes/\$55



EXPRESS MANICURE

In a hurry? This service includes a polish change, with minimal shaping and buffing. Just the thing to keep your nails in tip-top shape between regular manicures.

25-minute basic nail service/\$25

EXPRESS PEDICURE

No time for a full pedicure? This service includes a polish change, nail clipping and buffing. It keeps your toes twinkling between regular pedicures.

25-minute basic nail service/\$40

GEL MANICURE

A manicure that treats the cuticle area, shapes and buffs the nail, provides gel polish application and finishes with a blend of botanical extracts that moisturize and revitalize your hands.

50 minutes/\$45

French Upgrade	\$5
Polish change	\$15
Shellac Removal	\$10

FOR THE TEENS

Feeling your best is not only fun but builds self-esteem. That's why we have designed services to make a first spa visit a special one. Suitable for ages 12-16.

TEEN FACIAL

Created just for teens, this facial leaves the teen feeling naturally clean, fresh and renewed. Our skincare professionals can also help design an at-home routine to keep skin looking fabulous every day.

50 minutes/\$80

TEEN MASSAGE

Featuring light and medium pressure, this service helps relieve every day stress and tension experienced by many teens.

25 minute/\$60

FANCY FINGERS EXPRESS MANICURE

A fun manicure that includes cuticle care, an organic moisturizer, shaping and a polish of your choice.

25 minutes/\$25

TOTALLY TOES EXPRESS PEDICURE

This service features nail shaping, moisturizer, cuticle care and a trendy polish of your choice.

25 minutes/\$40

FOR THE MOTHERS –TO-BE

EUROPEAN FACIAL

A classic facial that is personalized for your skin's specific needs. This treatment uses naturally potent organic products made from herbs, fruits and vegetables that are rich in antioxidants to cleanse, tone, hydrate and restore balance to your skin. A pampered experience with notable results.

50 minutes/\$115

MORNING MUM MASSAGE

A massage that is perfectly safe for your baby and heavenly for you! This massage is designed to relieve the pressure brought on by your pregnancy. Unscented oils are used.

50 minutes/\$115

ROSE INDULGENCE

The European Rose body treatment will refine and soften your skin from head to toe. Accented with a calming and nourishing Sweet Red Rose Facial, it hydrates your skin beautifully, resulting in a smooth and velvety skin—gorgeous for any season.

50 minutes/\$130

HAIR

For the ultimate in hair care, choose from professional cuts, color, highlights and botanical hair and scalp services.

STYLING SERVICES

Starting-at rates:

Women's Shampoo, Cut & Style	\$60
Shampoo, Blow Dry & Style	\$30
Men's Shampoo, Cut & Style	\$25
Evening Style & UP DO's	\$60
Deep Conditioning Treatment (add on)	\$15
Organic Hair Color	\$70
Single Color	\$60
Root Touch-Up	\$60
Foil Highlights (Partial/Full)	\$80
Hair Smoothing Treatment	\$200



WEDDINGS AND SPECIAL EVENTS

Whether it's your Wedding Day or a special day of celebration, the Spa at Kingsmill is prepared to make you and your guests even more beautiful for your event. We offer hair and make-up services to help you create lasting memories with your family and friends. We invite you to indulge, relax, and allow us to pamper you.

HAIR

Wedding Up-do

Bridal Consultation

Bridal Party Up-do

Evening Style

Shampoo, Blow-Dry & Style

MAKE-UP

Bridal Make-up Application

Bridal Consultation

Bridal Party Make-up Application

WEDDING RECOMMENDATIONS:

What should I do to prepare for my hair or makeup consultation for my wedding?

Before you arrive, we recommend finding images of hair and makeup for

your Kingsmill stylist to reference to achieve your desired look. Don't forget

to show your stylist your dress too! If you would like the stylist to use hair

accessories for your look, please have those purchased and ready for use

before your consultation.

How long is the bridal appointment?

The consultation prior to your wedding for your hair and makeup will take

approximately 1 to 2 hours. Hair and makeup on your wedding day will take about two hours. However, we suggest booking your appointment far enough in advance that you leave yourself plenty of time to relax, take photos and enjoy your special day before the ceremony.

How far in advance can I book my hair or makeup consultation for my wedding?

We recommend a minimum of 2 weeks in advance. We're happy to book it for any time you prefer; however, booking a minimum 2 weeks in advance helps us guarantee the same stylist will be available for both your consultation and your wedding day.

Will I have the same stylist on my wedding day as I do for my consultation?

Yes! Before we confirm your wedding day with our cosmetologist, we will ensure they will also be available to accommodate your consultation date.

What if I don't want a consultation for my hair or makeup for my wedding?

You are not required to schedule a consultation with a stylist prior to your wedding day, however, we highly recommend doing so. This is your special day, and it only happens once! We want you to be totally comfortable with your look before your wedding day. You'll feel more confident that your stylist knows what you want and can execute your look quickly on your wedding day by having your consultation done beforehand.

When should I get a facial or wax my brows before my wedding day?

We suggest at least 4 days in advance. If you're planning on getting a facial, do so at least one week prior to your wedding day. This will give your skin the time it needs to heal and recover from waxing or exfoliating. We do not recommend waxing or exfoliating within 48 hours of your wedding.

If you don't have the time to visit the salon on the day of your special event, we can come to you. Let us cater to you by bringing our professional team to your guestroom. Travel Fee - \$25 per hour/per cosmetologist

WEDDING PACKAGES

ULTIMATE "I DO" PACKAGE

Featuring services inspired by beautiful surroundings, this package will help your natural beauty shine through on your special day.

- Swedish Massage
 - European Facial
 - French Manicure
 - French Pedicure
- 4 Hours/\$330

GIRLS' DAY OUT

They've been there for you through thick and thin. Reward your friends with these luxurious treatments.

- Sampler Massage
 - Spa Lunch
 - Signature Hydrating Manicure
 - Signature Hydrating Pedicure
- 4 hours/\$265

*Gratuities on Wedding Packages are included

CUSTOM SPA PACKAGES

Allow our team of Spa Coordinators to personalize a custom spa experience of absolute bliss and luxury. Reserve three or more services, on the same day, and receive 15% off of each treatment. An additional 18% gratuity will be added to your custom package.

Complement your Spa Package with a Spa Cuisine Lunch for an additional fee. Our menu includes salads, wraps, sandwiches, and desserts that are delicious yet light, that will leave you energized and ready for the day.

DAILY WET SUITE PASS

Want use of our spa amenities but do not have time for a service? The Wet Suite Pass will gain you exclusive access to Kingsmill's relaxation room, whirlpool, sauna, and steam room for the day. Spa guests also enjoy use of our luxurious robe and slippers during their stay.

\$25



FREQUENTLY ASKED QUESTIONS

When should I make reservations?

We suggest as far in advance as possible to ensure availability of your preferred time.

Are group bookings available?

Absolutely! Our Spa Group Coordinator will create a memorable visit for your group with personalized attention to detail.

When should I arrive?

Plan to arrive at the spa at least 20 minutes prior to your scheduled service. This will allow you time to change into a robe and relax in our lounge. If you are enjoying a salon service, you may arrive a few minutes before your service.

Do I have to be a Resort guest or a Member of the Club at Kingsmill to enjoy the spa?

Yes. The Spa at Kingsmill is available to overnight guests of Kingsmill Resort and Members of The Club at Kingsmill on an exclusive basis.

What should I wear and bring to the spa?

Casual and comfortable clothes are recommended. We provide a locker, robe and slippers for your use during your visit. Please leave valuables and jewelry at home or in a safe box in your guest room. We also recommend guests bring their bathing suits to enjoy the indoor and outdoor pools and wet suite after your services.

What is the age limit for spa patrons?

The Spa at Kingsmill requires that spa patrons be at least 17 years old. Teen spa services are available for guests 12-16 years of age; however, an adult must accompany guests younger than 14.

What if I don't make my scheduled appointment or arrive late?

A non-negotiable 50% service charge will be applied. To avoid this charge, please cancel your appointment 24 hours in advance. Arriving late for a service may require us to shorten the length of the treatment.

What is the service charge policy?

An 18% service charge will be added at the point of sale, which is allocated to your therapist. In appreciation of outstanding service, additional gratuities may be added at your discretion.

Should I tell someone about any physical, medical or allergy concerns?

On your health questionnaire, please remember to let your service provider know if you are pregnant, have allergies to fragrances or certain products, have sensitive skin or if you have any physical issues you would like to discuss. Certain medical conditions and medications can make some treatments inadvisable. We highly suggest that you consult with your physician prior to your visit if you have any health concerns.

Is lunch offered at any time throughout the day?

The Spa Cuisine Lunch may be reserved with any spa treatment for an additional fee. Our menu includes salads, wraps, sandwiches and desserts that are delicious yet light, that will leave you energized and ready for the day.

How do I make an appointment?

In house guests may dial extension #1486 or press The Spa button on the guest room telephone. For all other reservations dial 757-253-8299 ext. 1486.





KINGSMILL

Resort

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